



IMMERSIVE

DIGITAL COACHING SUMMIT 2020

NOVEMBER 6 - 8, 2020

CONFERENCE SCHEDULE

EVENT TRADING TIMES:

6th November: 12pm - 6pm HST / 2pm - 8pm PST / 5pm - 11pm EST
7th November: 6am - 6pm HST / 8am - 8pm PST / 11am - 11pm EST
8th November: 6am - 3pm HST / 8am - 5pm PST / 11am - 8pm EST

DAY ONE

SPEAKERS



PAUL DROUIN, M.D., IMD



PATRICK PORTER, PH.D.



TODD SINGLETON, D.C.

SCHEDULE

12:00 PM HST, 2:00 PM PST, 5:00 PM EST

THE BOARDWALK OPENS

Meet the sponsors and exhibitors in your free time, engage with their products and interact with their virtual onsite staff.

1:00 PM HST, 3:00 PM PST, 6:00 PM EST

DIGITAL MEDICINE

Watch Kahu Ka`imiloa Dahang's blessing for the Immersive Digital Coaching Summit followed by Dr. Paul Drouin, M.D., IMD conference on Digital Medicine.

2:30 PM HST, 4:30 PM PST, 7:30 PM EST

USING THE QUANTUM-SUPER LEARNING ADVANTAGE TO OPTIMIZE YOUR BRAIN AND PRACTICE

By Patrick Porter, Ph.D

3:33 PM HST, 5:33 PM PST, 8:33 PM EST

THE GUT CONNECTION TO WEIGHT LOSS AND JOINT PAIN

By Todd Singleton, D.C.

4:30 PM HST, 6:30 PM PST, 9:30 PM EST

CONFERENCE ENDS

All Speaker Conferences have ended for the day, feel free to visit The Boardwalk until the event closes.

6:00 PM HST, 8:00 PM PST, 11:00 PM EST

DAY ONE ENDS

Boardwalk and Event closes for Day One

**Please note all times are approximate*

DAY TWO

SPEAKERS



CAROLINE LEAF, PH.D.



ARIEL GARTEN



ROLLIN MCCRATY, PH.D.



CODY RALL, M.D.



KELINA WOLFE



TERRY WRIGHT



ESTELLE THOMSON



CARLA BURNS, PH.D.

SCHEDULE

6:00 AM HST, 8:00 AM PST, 11:00 AM EST

THE BOARDWALK OPENS

Take a visit to the Boardwalk QR head to the Conference Room for a 15 minute Noosphere Meditation followed by a brief Yoga Session with Estelle Thomson.

7:00 AM HST, 9:00 AM PST, 12:00 PM EST

TENDING THE MAGIC OF A HOME YOGA PRACTICE
By Estelle Thomson

8:00 AM HST, 10:00 AM PST, 1:00 PM EST

5 STEPS TO AWAKE YOUR INNER HEALER
By Carla Burns, PH.D.

8:45 AM HST, 10:45 AM PST, 1:45 PM EST

COACHING WITH 'QOACH' WELLNESS APPLICATION
By Academic Advisor, Kelina Wolfe

9:30 AM HST, 11:30 PM PST, 2:30 PM EST

BREAK - visit The Boardwalk during your free time!

10:30 AM HST, 12:30 PM PST, 3:30 PM EST

COACHING YOUR MIND
By Ariel Garten

11:15 AM HST, 1:15 PM PST, 4:15 PM EST

MONITORING THE MEDITATION WITH MUSE AS A COACH
By Cody Rall, M.D.

12:15 PM HST, 2:15 PM PST, 5:15 PM EST

CLEANING UP THE MENTAL MESS
By Caroline Leaf, PH.D.

1:20 PM HST, 3:20 PM PST, 6:20 PM EST

MOVING PAST STRESS MANAGEMENT: BUILDING AND SUSTAINING RESILIENCE CAPACITY
By Rollin McCraty, PH.D.

2:30 PM HST, 4:30 PM PST, 7:30 PM EST

YOU CAN'T BE HEALTHY LIVING IN A SICK HOME
By Terry Wright

3:10 PM HST, 5:10 PM PST, 8:10 PM EST

CONFERENCE ENDS
All Speaker Conferences have ended for the day, feel free to visit The Boardwalk until the event closes.

6:00 PM HST, 8:00 PM PST, 11:00 PM EST

DAY TWO ENDS
Boardwalk and Event closes for Day Two

DAY THREE

SPEAKERS



NASSIM HAMEIN



RON GARAN, COL. USAF (RET.)



DOMINIQUE DAWES



PAUL DROUIN, M.D., IMD

SCHEDULE

6:00 AM HST, 8:00 AM PST, 11:00 AM EST

THE BOARDWALK OPENS

Take a visit to the Boardwalk OR head to the Conference Room for a 15 minute Noosphere Meditation followed by a brief Yoga Session with Estelle Thomson.

7:00 AM HST, 9:00 AM PST, 12:00 PM EST

PRO-CONSCIOUSNESS MEDITATION

By Paul Drouin, M.D., IMD

8:00 AM HST, 10:00 AM PST, 1:00 PM EST

HUMAN POTENTIAL

By Ron Garan, COL. USAF (RET.)

9:00 AM HST, 11:00 AM PST, 2:00 PM EST

SPACE THE FINAL FRONTIER

By Nassim Hamein

10:00 AM HST, 12:00 PM PST, 3:00 PM EST

HOW TO CLIMB THE MOUNTAIN TOP

By Dominique Dawes

10:40 AM HST, 12:40 PM PST, 3:40 PM EST

BREAK - visit The Boardwalk during your free time!

**ALL LIVE
Q&A SPEAKERS**



12:00 PM HST, 2:00 PM PST, 5:00 PM EST

LIVE Q&A BEGINS WITH ALL SPEAKERS

1:00 PM HST, 3:00 PM PST, 6:00 PM EST

LIVE Q&A ENDS

3:00 PM HST, 5:00 PM PST, 8:00 PM EST

DAY THREE ENDS

Boardwalk and Event closes for the final day of the Immersive Digital Coaching Summit 2020!