

# **DAY ONE**

### **SPEAKERS**



PAUL DROUIN, M.D., IMD



PATRICK PORTER, PH.D.



TODD SINGLETON, D.C.

### **SCHEDULE**

12:00 PM HST, 2:00 PM PST, 5:00 PM EST

## THE BOARDWALK OPENS

Meet the sponsors and exhibitors in your free time, engage with their products and interact with their virtual onsite staff.

1:00 PM HST, 3:00 PM PST, 6:00 PM EST

#### **DIGITAL MEDICINE**

Watch Kahu Ka`imiloa Dahang's blessing for the Immersive Digital Coaching Summit followed by Dr. Paul Drouin, M.D., IMD conference on Digital Medicine.

2:30 PM HST, 4:30 PM PST, 7:30 PM EST

USING THE QUANTUM-SUPER LEARNING ADVANTAGE TO OPTIMIZE YOUR BRAIN AND PRACTICE By Patrick Porter, Ph.D

**3:33 PM HST,** 5:33 PM PST, 8:33 PM EST

THE GUT CONNECTION TO WEIGHT LOSS AND JOINT PAIN By Todd Singleton, D.C.

**4:30 PM HST,** 6:30 PM PST, 9:30 PM EST

### **CONFERENCE ENDS**

All Speaker Conferences have ended for the day, feel free to visit The Boardwalk until the event closes.

6:00 PM HST, 8:00 PM PST, 11:00 PM EST

### DAY ONE ENDS

Boardwalk and Event closes for Day One

\*Please note all times are approximate

## **DAY TWO**

#### **SPEAKERS**



CAROLINE LEAF, PH.D.



ARIEL GARTEN



ROLLIN MCCRATY, PH.D.



CODY RALL, M.D.



KELINA WOLFE



TERRY WRIGHT



ESTELLE THOMSON



CARLA BURNS, PH.D.

### **SCHEDULE**

6:00 AM HST, 8:00 AM PST, 11:00 AM EST

THE BOARDWALK OPENS

Take a visit to the Boardwalk <u>OR</u> head to the Conference Room for a 15 minute Noosphere Meditation followed by a brief Yoga Session with Estelle Thomson.

7:00 AM HST, 9:00 AM PST, 12:00 PM EST

TENDING THE MAGIC OF A HOME YOGA PRACTICE By Estelle Thomson

8:00 AM HST. 10:00 AM PST. 1:00 PM EST

5 STEPS TO AWAKE YOUR INNER HEALER By Carla Burns, Ph.D.

8:45 AM HST, 10:45 AM PST, 1:45 PM EST

COACHING WITH 'QOACH' WELLNESS APPLICATION

By Academic Advisor, Kelina Wolfe

9:30 AM HST, 11:30 PM PST, 2:30 PM EST

BREAK - visit The Boardwalk during your free time!

10:30 AM HST, 12:30 PM PST, 3:30 PM EST

COACHING YOUR MIND

By Ariel Garten

**11:15 AM HST,** 1:15 PM PST, 4:15 PM EST

MONITORING THE MEDITATION WITH MUSE AS A COACH

By Cody Rall, M.D.

12:15 PM HST, 2:15 PM PST, 5:15 PM EST

CLEANING UP THE MENTAL MESS

By Caroline Leaf, PH.D.

1:20 PM HST, 3:20 PM PST, 6:20 PM EST

MOVING PAST STRESS MANAGEMENT: BUILDING AND

SUSTAINING RESILIENCE CAPACITY

By Rollin McCraty, PH.D.

2:30 PM HST, 4:30 PM PST, 7:30 PM EST

YOU CAN'T BE HEALTHY LIVING IN A SICK HOME

By Terry Wright

3:10 PM HST, 5:10 PM PST, 8:10 PM EST

**CONFERENCE ENDS** 

All Speaker Conferences have ended for the day, feel free to

visit The Boardwalk until the event closes.

6:00 PM HST, 8:00 PM PST, 11:00 PM EST

**DAY TWO ENDS** 

Boardwalk and Event closes for Day Two

\*Please note times are approximate

# **DAY THREE**

### **SPEAKERS**









NASSIM HARAMEIN RON GARAN, COL. USAF (RET.)

DOMINIQUE DAWES

PAUL DROUIN, M.D., IMD

### **SCHEDULE**

6:00 AM HST, 8:00 AM PST, 11:00 AM EST THE BOARDWALK OPENS

> Take a visit to the Boardwalk OR head to the Conference Room for a 15 minute Noosphere Meditation followed by a

brief Yoga Session with Estelle Thomson.

PRO-CONSCIOUSNESS MEDITATION 7:00 AM HST, 9:00 AM PST, 12:00 PM EST

By Paul Drouin, M.D., IMD

8:00 AM HST, 10:00 AM PST, 1:00 PM EST **HUMAN POTENTIAL** 

By Ron Garan, COL. USAF (RET.)

SPACE THE FINAL FRONTIER 9:00 AM HST, 11:00 AM PST, 2:00 PM EST

By Nassim Haramein

HOW TO CLIMB THE MOUNTAIN TOP **10:00 AM HST,** 12:00 PM PST, 3:00 PM EST

By Dominique Dawes

10:40 AM HST, 12:40 PM PST, 3:40 PM EST

BREAK - visit The Boardwalk during your free time!

**ALL LIVE Q&A SPEAKERS** 



11:30 AM HST, 1:30 PM PST, 4:30 PM EST

LIVE Q&A BEGINS WITH ALL SPEAKERS

1:00 PM HST, 3:00 PM PST, 6:00 PM EST

LIVE Q&A ENDS

3:00 PM HST, 5:00 PM PST, 8:00 PM EST

DAY THREE ENDS

Boardwalk and Event closes for the final day of the Immersive

**Digital Coaching Summit!**